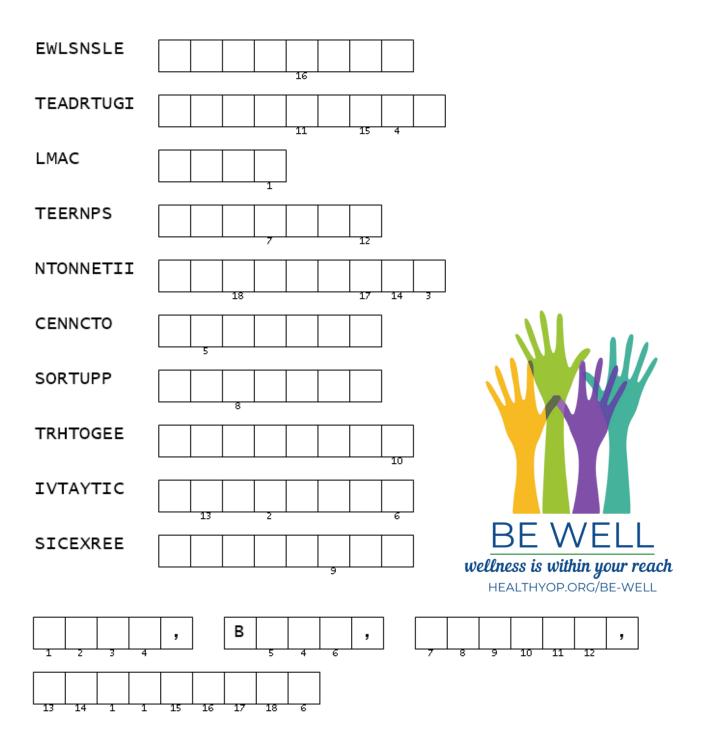
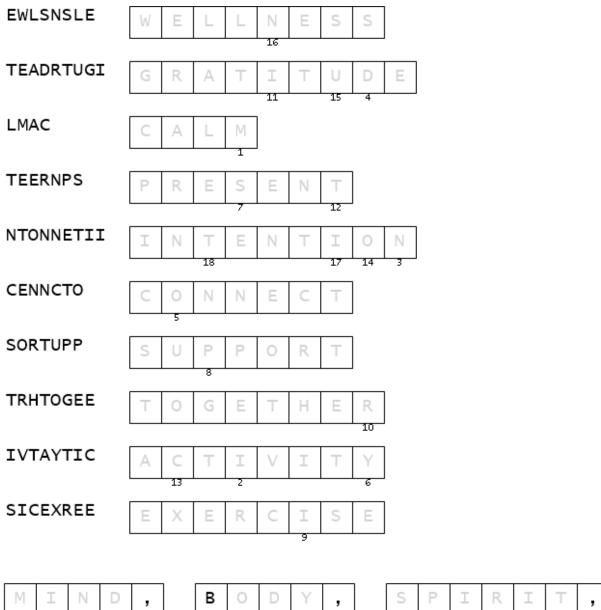


## WHAT ARE THE 4 ELEMENTS OF WHOLE HEALTH TO BE WELL?







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